



From infancy through adolescence

How can we talk with our children about a sexuality?

Saturday, March 28, 2026
Registration: 13:00
Program: 13:30–16:30

Isshiki Community Culture Plaza
Carnation Hall

address : Isshiki cho Isshiki Higashi Mae Shinden 8



会場地図
(Google Maps)

* Childcare available
(first come, first served)

* Simultaneous interpretation available:
English, Portuguese, Spanish, Chinese,
Vietnamese, Indonesian, Filipino

プレコンセプションケアって
知っていますか？
preconception care

Registration

Application period: February 3 (Tue) – March 10 (Tue)

Eligibility: Open to everyone

Recommended age: approximately 15 years and older

Capacity: 100 participants (first come, first served)

Priority given to residents, workers, or students in Nishio city

Participation fee: Free申込方法

How to apply

Please provide the following information when applying:

- ①Name
- ②Email address
- ③Phone number
- ④Need for interpretation
- ⑤Need for childcare
- ⑥Resident / worker / student in Nishio city



問合先

西尾市教育委員会事務局

生涯学習課（中央ふれあいセンター北棟2階）

TEL: 0563-55-3515 (平日 8:30~17:15)

FAX: 0563-56-7737

〒445-0864 西尾市錦城町162-14

主催：西尾市教育委員会（生涯学習課）

西尾市〔健康福祉部 福祉課〕

共催：「性と文化」プロジェクト

協翼：日本性教育協会

How can we talk with our children about a sexuality?

“Preconception care” means having a correct understanding of life, the body, and sexuality. This care helps protect health, both your own and that of future generations. Regardless of whether you plan to have children in the future or not, there are many things that both women and men can do and should pay attention to.

Preconception care begins in childhood. In order for children to grow up healthy, without misunderstandings or prejudice about sexuality, what do we as adults need to know, and how can we teach them?

At this event, we will think about these topics together in a fun and engaging workshop format.



性と文化プロジェクト

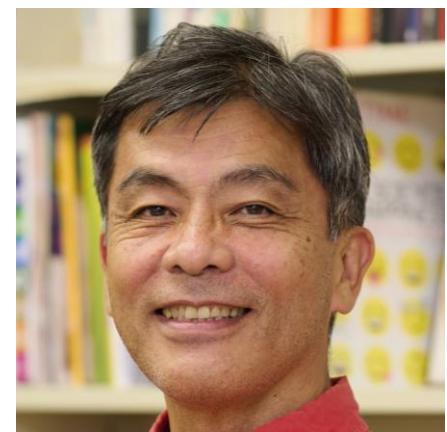
With the aim of creating a happy society, this is a team that works to spread sexual and reproductive health and well-being throughout Japan.

They conduct training sessions for teachers nationwide, workshops for parents, and classes at elementary schools, junior high schools, high schools, universities, and colleges.



Atsumi Haruyo

Lecturer at Tokai University School of Medicine; board-certified obstetrician-gynecologist. Certified specialist in women's healthcare by the Japan Society for Women's Health Medicine. Engaged in caring for women at different life stages through a hormone clinic.



Onuki Daisuke

Professor at the Faculty of International Studies, Tokai University. Lived in Brazil for 12 years. Knowledgeable about sex education overseas. Executive committee member of the Japanese Association for Sex Education. Representative of the “Sex and Culture Project.”



Saito Natsuki

Drawing on personal experience as a lesbian, speaks nationwide at elementary schools, junior high schools, high schools, and universities about sexual diversity and “living true to oneself.”